



S P A C H A K R A



Sydney

**Location:** Suite 4, 6 Cowper Wharf Road  
Woolloomooloo NSW 2011 Australia

**Reservations:** +61 2 9368 0888

**E-mail:** spachakra@spachakra.com

**Web site:** spachakra.com

**Open:** Monday – Saturday 9:00am – 9:00pm  
Sunday 10:00am – 6:00pm

**Operated by:** Spa Chakra, Inc.

**Opened:** 1998

#### LOCATION

Spa Chakra™ is located in the integrated redevelopment of the historic Finger Wharf at Woolloomooloo—a complex also featuring the unique BLUE Woolloomooloo, Sydney, luxury apartments and a selection of Sydney's finest restaurants. Adjacent to Sydney's Royal Botanical Gardens, Spa Chakra is within walking distance to the CBD and shopping district.

#### PERSONALISED TREATMENTS

Spa Chakra Sydney provides comprehensive health and wellness care in an environment that integrates conventional and holistic methods with a definitive sensorial experience. With more than 60 health and beauty therapies that nurture the skin, body, and well-being, Spa Chakra provides the ultimate experience in day and destination spas. To view Spa Chakra's complete therapeutic services, visit spachakra.com or contact Central Reservations at +61 2 9368 0888.

#### SELF-ASSESSMENT QUESTIONNAIRE

Spa Chakra clients are invited to complete a Self-Assessment Questionnaire, which provides key health information for the client and therapist. This information is used to determine the primary stress influencing the body and affecting vitality.

#### GUERLAIN PARIS

Spa Chakra exclusively uses the world-renowned skincare of Guerlain Paris™. Therapies also feature the exclusive Guerlain Méthode—a patented facial and body massage technique used in Guerlain's Champs-Élysées Institute since 1939.

#### Complimentary Services:

- Revitalising footbath for new Spa Chakra clients
- 15-minute Naturopathic Consultation (subject to availability)
- Valet parking with each Spa Chakra appointment

#### Venue:

- 11 treatment rooms accommodating facial, massage, and body therapies, Vichy shower, hydrotherapy, and Chakra Health Assessments
- State-of-the-art relaxation and footbath lounge
- Available for private functions, product launches, groups, and exclusive hire
- Interconnecting rooms for couples or groups

#### Packages & Programmes:

- BLUE Woolloomooloo, Sydney accommodation and spa combination packages (adjacent to Spa Chakra)
- Full and Partial-Day Spa Packages
- 3, 5, and 7-day Urban Health Retreats including twin-share luxury accommodation
- Corporate Programmes and Special Events can be designed for small groups
- Customised incentive and reward programmes

#### CONTACT

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